

# EXHIBIT 9



# DeKalb Medical Discharge Education and Instructions

Hinton, Velma L

3232

69y F  
REDACTED

Brice, Jade K

00702881/140668146

## Discharge Information

### Discharge Orders

#### Discharge

Discharge Order Home; \*\*Double click here to open form and VIEW ALL discharge instructions.\*\*

Discharge to Home with Hospice on Mar-08-2009 \*

Discharge Diagnosis: copd, pah, htn, dm

Prescriptions on chart

Diet: AHA, Low cholesterol, Diabetic, 2 gm sodium

Activity Level: With assistance only

I have reviewed the Medication Profile - Discharge Report and have made corrections/additions as needed for the complete list of discharge medications.

Follow up with: hospice MD

- Physical Status: Stable
- Discharge To: Other (list facility), home hospice
- Mode of Transport: Stretcher
- Mode of Travel: Non-emergent ambulance

### Interdisciplinary Plan of Care

- Activity Level: With assistance only
- Discharge Diet: Diabetic, Low fat / low cholesterol
- Fluid Restriction: N/A
- Diet Instructions: as mentioned above
- Home Health Agency Referral: N/A
- Hospice Referral: Yes, referral made, 404-869-3000
- Durable Medical Agency Referral: N/A
- For questions about referrals call: Central campus Case Management office @ 404-501-5669

### Appointment

- Follow Up With (Name & phone number): follow-up with hospice MD

### Education / Instructions

- Discharge Information: Discharge instructions reviewed with patient/family/significant other
- Diabetes Survival Skills Education: Yes, instruction given
- Vaccine Status: N/A
- Medication Instructions: Prescriptions given to patient
- Medication Reconciliation Performed: Performed on discharge
- Pain Management: N/A
- Disease-Specific Education: N/A
- Additional Instructions: Up with assistance only.

### Outpatient Medication List (Rx Writer) Instructions

#### Outpatient Medications

Lantus; 20 units sub-Q every night;

Requested by: Scruggs, Monica (RN)

Printed from: DK P 3200 Ns St (DK3200P1)

Mar-08-2009 14:52

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Deltasone 20 mg oral tablet; 20 mg by mouth daily for 4 days then 10 mg daily then stop;

Combivent; 2 puffs 4-6 hours as needed for SOB;

metoprolol 25 mg oral tablet; 1 orally twice a day by mouth;

furosemide 40 mg oral tablet; 1 orally every day;

sugar pill prn; 3 to 4 times a week;

lasix; once a day;

avapro; once a day;

iron; once a day;

dulcolax; once a day;

senokor; once a day;

### Signatures

Scruggs, Monica (RN) [Signed Mar-08-2009 14:40]

Authored: Discharge Information, Interdisciplinary Plan of Care, Appointment, Education /  
Instructions, Outpatient Medication List (Rx Writer) Instructions

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## DeKalb Medical Discharge Education and Instructions

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**FOR ASSISTANCE / SUPPORT WHEN TRYING TO QUIT SMOKING:**

The DMC Wellness Center .....404-501-2222  
 The Tobacco Quit Line.....1-800-270-7867  
 American Lung Association of Georgia.....1-800-LUNG-USA  
 American Heart Association of Georgia.....770-952-1316

**FOR ASSISTANCE WITH STROKE PREVENTION AND RECOVERY:**

DeKalb Stroke Club.....404-501-WELL  
 American Stroke Association.....1-888-478-7653  
 Stroke Family "Warm Line".....1-800-478-7653

**For information about resources at DeKalb Medical, please call one of the following services:**

Behavioral Health Information Services and Referral.....404-501-1800  
 Cancer Information Line.....404-501-3279  
 Consumer Health Library.....404-501-5638  
 Diabetes Education.....404-501-1790  
 Heart Wellness Center (Heart and Lung Health and Rehabilitation).....404-501-7155  
 Outpatient Diet and Nutrition Information.....404-501-5611  
 Physicians Care Clinic.....404-501-7940  
 Physicians Referral Line.....404-501-1111  
 Rehab Results Group (Outpatient Services).....404-501-5140  
 Senior Spectrum (Programs and Services for Seniors).....404-501-7494

**Additional Community Resources Phone Numbers:**

Aging Connection (Atlanta Regional Commission).....404-364-2626  
 Child Care Resources and Referral Service.....404-885-1585  
 Crime Victim Advocacy Council.....404-333-9254  
 DeKalb Community Service Board.....404-892-4646  
 DeKalb County Board of Health.....404-294-3700  
 DeKalb County - Department of Family and Children's Services.....404-370-5000  
 First Call for Help - A Service of the United Way.....404-614-1000  
 Georgia Better Health Care.....404-982-3535  
 Marta Scheduling.....404-501-5140  
 Senior Spectrum (Programs and Services for Seniors).....404-848-4711  
 Social Security Information.....1-800-772-1213  
 Task Force for the Homeless.....1-800-448-0636

If you smoke cigarettes or use tobacco, it is important for your health to quit.  
 Ask your physician or nurse for assistance or see reference above.

**\*\* Please bring a copy of this instruction sheet with you when you visit your doctor. \*\***

**If any problems develop before your follow-up appointment, contact your physician.**

Nurse Signature

I HAVE BEEN ADVISED OF/UNDERSTAND THE ABOVE DISCHARGE INSTRUCTIONS AND WAS GIVEN A COPY.

Patient/Significant

Other Signature

Date 3/8/09

Copy to patient  
 Signed copy placed in paper chart

Der Dr. Schickel ist in K =

DISCHARGE MEDICATIONS: ☒ Prescriptions given to patient/family/significant other ☐ None

For questions about discharge referrals, call (404) 501-1120. Case Manager/Social Worker: 404-501-1120

Date: 10-2-82



1291

DMC FORM #1291 (Rev. 01/05/06)